

Kid-Ability! is a national sexual abuse program prevention program for kindergarten, 1st grade, and 3rd grade students that contains all of the key components that have been identified as essential to a comprehensive program.

What do children learn?

- About their own strengths and abilities.
- How to speak to others in an assertive manner.
- The basic **Kid-Ability!** safety response “NO-RUN AWAY-TELL AN ADULT” and appropriate variations.
- How to identify unsafe situations.
- The difference between good touches and problem touches.
- How to identify their private body parts.
- How to identify people in the lives who care and would be safe people to contact for help.
- Skills for keeping themselves safe.



Kid-Ability! has been serving Omaha Public Schools for over two decades.

Kid-Ability! has received national recognition and awards as an outstanding child abuse prevention program.

Kid-Ability! has been replicated in communities throughout the United States.

Kid-Ability! is time-tested, critically acclaimed, and most importantly, kid-proven.

How do children learn?

Children learn through a variety of proven age-appropriate teaching methods, including:

- Discussion
- Role play & rehearsal of skills
- Activity sheets
- Videos
- Take-home projects