



Pathfinders Mentoring Program

Pathfinders Mentoring provides a framework for women in the community to mentor Girls Inc. members on a one-to-one basis.



What do mentors do? They get together with a Girls Inc. member (at least once a month) one-on-one. Some mentors/mentee pairs:

- Work on homework.
- Cook meals together.
- Go to the library.
- Ride bikes.
- Check out a local museum.
- Take walks.
- Work out at the gym.
- Take part in “job shadowing” opportunities.
- Visit a local college or university campus.
- Go for coffee. Or an ice cream cone.
- Access community resources.

All mentors listen. And support. And encourage.

In between face-to face visits, mentors stay in touch with e-mail or phone calls. A couple of times each year, Girls Inc. hosts mentor gatherings for all of the paired mentors and mentees to get together. It might be a back-to-school social or a holiday pot luck. In addition, throughout the year mentors are invited to a variety of training sessions –some for mentors only and some are bring-your-mentee-along events – on everything from communication skills to goal setting to youth development.

To be a mentor, you must:

- Participate in a mentor training session (approximately 2 ½ hours)
- Authorize a background check
- Commit to a mentee for a minimum of 3 years or until she graduates from high school (some mentors keep up a full court press all the way through college!)

To have a mentor, you must:

- Be a Girls Inc. member
- Be between the ages of 10 and 14
- Attend a Pathfinders Training with a parent or guardian.

